



## MENU

The following list are the dishes and snacks we can offer and will be available throughout the day. All Hot rolls, wrap and Bagels are available for both mid-morning and lunch with the addition of eggs etc for mid-morning and choice of 2 hot lunches at main break.

### **MORNING BEFORE COMMENCEMENT OF CLASSES:**

- Tea / Toast/Homemade soda bread €2.00
- Fruit pots Small €1.50 Large €2.00
- Croissant/apple lattice €1.00/€1.50
- Hot cocoa Small €1.00 Large €1.50
- Cereal & Milk €1.50
- Poached/Scrambled egg & toast €2.00
- Beans & toast €2.00
- Bagel with Butter or Filled €1.50 / €2.50
- Homemade Scone & Butter €1.50

### **Mid- Morning Break:**

- Pitta Pizza Plain €2.00  
With Meat €2.50
- Homemade Soup €1.50
- Poached egg, beans and toast €2.50
- Croissant/Apple lattice €1.00/€1.50

- Filled Toasted Wraps €2.50
- Yoghurts Small €1.00 Large €1.50
- Goujon Roll €2.50
- Bacon Baguette €2.50
- Sausage Baguette €2.50
- Warm Chicken & Stuffing Roll €2.50
- Tuna Melt Roll €2.50
- All Sandwiches €2.50
- Pasta Pots €1.50
- Hummus with Veg Sticks €1.50

### **Main Lunch Break:**

- Meatballs in Gravy with Mash & Veg €4.50
- Spaghetti Bolognaise €4.50
- Chicken Carbonara €4.50
- Chicken & Vegetable Chow Mein €4.50
- Chicken Fried Rice €4.50
- Goujons & Diced Potatoes with Sauce or Gravy €4.50
- Cocktail Sausages with Diced Potatoes €4.50
- Cocktail Sausages with Mash & Gravy €4.50
- Meatballs in Tomato Sauce & Pasta €4.50
- Chicken Curry with Boiled Rice €4.50
- Pasta in Tomato & Basil Sauce €4.50
- Chickpea & Spinach Curry €4.50
- Roast Chicken with Veg, Mash & Gravy €4.50

- Homemade Lasagne with Diced Potato's or Tossed Salad or Garlic Bread €4.50
- Sweet & Sour Chicken with Boiled Rice €4.50
- Chicken Korma with Boiled Rice €4.50
- Chilli Con Carne with Boiled Rice €4.50
- Red Thai Curry with Boiled Rice €4.50
- Chinese Braised Beef with Rice €4.50
- Chicken Stir-fry with Rice €4.50
- Macaroni Cheese with Roasted Butternut Squash €4.50
- Shepherd's Pie with Vegetables €4.50
- Baked Potato Filled or with Salad €4.50
- Homemade Beef Burger in a Bap with Diced Potato's or Mash & Veg €4.50
- Chicken Burger in a Bap with Diced Potatoes or Mash & Veg €4.50
- Homemade Beef Burger in a Bap on its own €3.00
- Chicken Burger in a Bap on its own €3.00
- Mash, Veg & Gravy €3.00